

YAJQ DIEEBENT

🖇 FooBaSKILL 🕀





SKILLTheBall (Size 4 and 5)





PROMO CODE: <u>PLAYFOOBA2020</u> Offer valid until 22 July 2020 France, Italy, Spain and Portugal only!





SKILLGoal (Dimension : 550 x 980 mm)

> **105 €** (EXCL. VAT) instead of 124,17 €

foobaskill.fr

FooBaSKILL® BEGINNER LEVEL (OUTDOOR 2.0)

FooBaSKILL is a new discipline that has been developed by three physical education teachers from Switzerland. It puts into practice the attributes of football and basketball, and is played with the SKILLGaol and the innovative ball - SKILLTheBall - which has a combination of football and basketball textures. The material has the great particularity of being multifunctional.

This option allows you to play FooBaSKILL at schools and clubs that do not have gymnastics boxes. One advantage is that the teacher will save time for the installation of the material!



THE GAME®

BASIC RULES The specificity of FooBaSKILL lies in the interchange of lower body (football) and upper body (basketball) work. Players change discipline at the midline of the pitch. The points scored in football and basketball vary according to the difficulty of scoring. The basic rules are identical to those of football and basketball (the walking and the double dribbling rule are applied).	\square	FooSKILL	BaSKILL
PLAYING FIELD (see picture at the top on the right) Half of the pitch is equipped with two FooBaSKILL goals placed on the ground and with a cone (FooSKILL). Players can score from the front or back of the SKILLGoal. An arc of a circle delimits each goal as shown in the image in the FooSKILL area. Neither the defender nor the attacker has the right to enter into this area. In the other half, is a basketball hoop (BaSKILL). The center line must be visible by a line or pads placed on the ground. Depending on the organization of the course and the number of players, the teacher chooses one of the two options below for the position of the players on the field:	1 PT.	The ball knocks down the cone.	The ball bounces off the board and falls on the ground, without touching the basket (hoop).
	2 PTS.	Goal from the front or back of a SKILLGoal.	The ball bounces off the board, without touching the basket (hoop), and is grabbed and blocked with both hands by a teammate before it falls on the ground (offensive basket- ball rebound).
 OPTION 1 « USE OF LINES »: Two teams of four (or five) players face each other. The lines of the penalty area delimit the playing field. OPTION 2 « SUPPORT PLAYERS »: Two teams of 8 players compete against each other. 4 players position themselves on the field and 4 players on the sides in the attacking zone. They serve as a support to their teammates (role of passing and/or shooting). The support players move in their lane without anyone being able to enter it. They can keep the ball in their feet (area FooSKILL) or in their hands (area BaSKILL) for 3 seconds maximum. 	3 PTS.	Goal from the front or back of a SKILLGoal and the ball is stopped with the sole by a teammate before it touches a wall or crosses the half court line NOTE : Only two points are awarded if a defender stops the ball with the sole before the attacker.	The ball enters the basket.
 MATCH TIME: 2 x 5 minutes. During the first half, a team defends the soccer goals and attacks the basketball hoop. Then in the second half, the teams reverse the roles. KICK-OFF The tip off at the beginning of the game and at half-time is initiated by a jump ball, as in basketball. Each team is free to place itself on the field. FOULS In the event of a foul, the game continues at the place where the foul has been committed. In the event of a foul, the player puts the ball on the ground with at least one hand and the game restarts instantly with a pass. 	0 PT.	 Le ball knocks down the SKILLGoal In this case, the game stops and the ball goes to the opponent. NOTE: Any own goal offers only one point to the opponent. 	 The ball touches the basket (hoop). The ball is grabbed with both hands by the opponent before it touches the ground (defensive rebound). The ball is caught by the player who throws against the board. In all cases the game continues.
 To score in football, the player must be in the FooSKILL area or a foul is committed. The same goes for basketball. In a football shot intended to cause the cone to fall or the ball go through the FooBaSKILL goal, the ball may not exceed the height of the goals. If this happens, a foul is committed and the ball goes to the defense. 	the ba		ction is made as soon as possible at the place where be ball on the ground with at least one hand and the ercepted, unless the ball goes beyond the midline.

- Inappropriate tackles and physical contact are sanctioned by a penalty or a free throw.
- A foul is committed if the ball bounces off the edge or the back of the basketball board, as well as on the structure supporting the basketball hoop.

The official foobaskill material, the explanatory manual and the short video summarizing the rules are available on foobaskill.fr.

CONDITIONS OF USE : The SKILLTheBall must be inflated according to the instructions printed on it: 0.33 -0.36 bar / 4.8 - 5.2 psi. See also illustration on the right.



FooBaSKILL is a new discipline that

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BASIC RULES The specificity of FooBaSKILL lies in the interchange of lower body (football) and upper body (basketball) work. Players change discipline at the midline of the pitch. The points scored in football and basketball vary according to the difficulty of scoring. The basic rules are identical to those of football and basketball (the walking and the double FooSKILL BaSKILL dribbling rule are applied). PLAYING FIELD (see picture at the top on the right) The player receives the ball, controls it, and scores in The ball bounces off the board, without touching the Half of the pitch is equipped with two FooBaSKILL goals placed on the ground and with a cone (FooSKILL). Players the SKILLGoal or knocks down the cone (at least 2 basket (hoop), and is grabbed and blocked with both PT. can score from the front or back of the SKILLGoal. An arc of a circle delimits each goal as shown in the image in the ball touch). hands by a teammate before it falls on the ground FooSKILL area. Neither the defender nor the attacker has the right to enter into this area. In the other half, is a (offensive basket- ball rebound). basketball hoop (BaSKILL). The center line must be visible by a line or pads placed on the ground. Depending on the organization of the course and the number of players, the teacher chooses one of the two options below for the position of the players on the field: 2 • The player shoots directly and scores in the The ball enters the basket. SKILLGoal or knocks down the cone (in 1 ball • OPTION 1 « USE OF LINES »: Two teams of four (or five) players face each other. The lines of the penalty area delimit the playing PTS. touch). field • The ball is passed from the foot to the supporting OPTION 2 « SUPPORT PLAYERS »: Two teams of 8 players compete against each other: 4 players position themselves on ٠ player who kicks directly into the SKILLGoal or the field and 4 players on the sides in the attacking zone. They serve as a support to their teammates (role of passing and/or knocks down the cone. shooting). The support players move in their lane without anyone being able to enter it. They can keep the ball in their feet (area FooSKILL) or in their hands (area BaSKILL) for 3 seconds maximum. 0 The ball touches the basket (hoop). MATCH TIME: 2 x 5 minutes. During the first half, a team defends the soccer goals and attacks the basketball hoop. Le ball knocks down the SKILLGoal • The ball is grabbed with both hands by the Then in the second half, the teams reverse the roles. PT. opponent before it touches the ground KICK-OFF In this case, the game stops and the ball goes to (defensive rebound). The tip off at the beginning of the game and at half-time is initiated by a jump ball, as in basketball. Each team is free the opponent. The ball is caught by the player who throws to place itself on the field. against the board. NOTE: Any own goal offers only one point to the FOULS opponent. In all cases the game continues. • In the event of a foul, the game continues at the place where the foul has been committed. . In the event of a foul, the player puts the ball on the ground with at least one hand and the game restarts instantly with a pass. • To score in football, the player must be in the FooSKILL area or a foul is committed. The same goes for AFTER A SCORED POINT: The kick-off for the following action is made as soon as possible at the place where basketball. the ball is recovered by the defender. The player puts the ball on the ground with at least one hand and the • In a football shot intended to cause the cone to fall or the ball go through the FooBaSKILL goal, the game restarts instantly with a pass. The first pass can't be intercepted, unless the ball goes beyond the midline. ball may not exceed the height of the goals. If this happens, a foul is committed and the ball goes to the defense. • Inappropriate tackles and physical contact are sanctioned by a penalty or a free throw. CONDITIONS OF USE: The SKILLTheBall must be inflated according to the instructions A foul is committed if the ball bounces off the edge or the back of the basketball board, as well as on the printed on it: 0.33 -0.36 bar / 4.8 - 5.2 psi. See also picture on the right. structure supporting the basketball hoop. The official foobaskill material, the explanatory manual and the short video summarizing the rules are available

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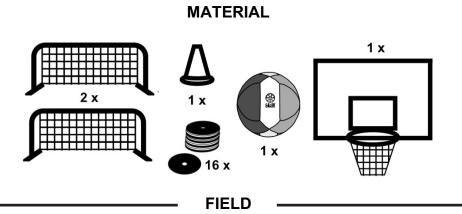
THE GAME®



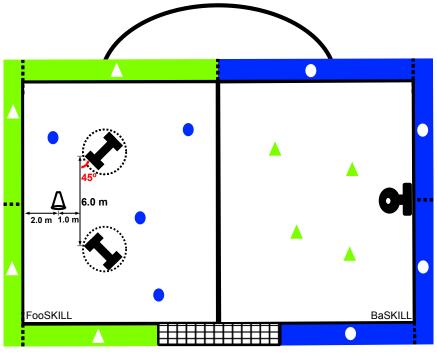
FOOBASKILL®

A MODULAR GAME

FIELD AND ORGANIZATION



Two teams face each other in the penalty area. Half of the pitch is equipped with two FooBaSKILL goals placed on the ground and with a cone (FooSKILL area). Players can score from the front or back of the SKILLGoal. An arc of a circle delimits each goal as shown in the image in the FooSKILL area. Neither the defender nor the attacker has the right to enter into this area. In the other half, is a basketball hoop (BaSKILL area). The center line must be visible by a line or pads placed on the ground.



ORGANISAZATION

Depending on the organization of the course and the number of players, the teacher chooses one of the two options below for the position of the players on the field:

- **OPTION 1 " USE OF LINES "**: Two teams of four (or five) players face each other. The lines of the penalty area delimit the field of play.
- OPTION 2 " SUPPORTING PLAYERS ": Two teams of 8 players compete against each other: 4 players position themselves on the field and 4 players on the sides in the attacking zone. They serve as a support to their teammates (role of passing and/or shooting). The support players move in their lane without anyone being able to enter it. They can keep the ball in their feet (FooSKILL) or in their hands (BaSKILL) for 3 seconds maximum.